



#Focus5 is funded by the European Social Fund and the National Lottery, through the Big Lottery Fund



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Focus5 Website

Welcome to the Latest #Focus5 Newsletter!

We've had a busy and successful first year on the [#Focus5](#) project, helping young people overcome personal difficulties and barriers to learning, to take small steps towards education, employment or training.

Young people work closely with our [team of key workers](#) to create a bespoke plan of activities to meet their immediate and long term aspirations. Support can be anything that helps young people on their journey, as long as they fully engage with the project. To see what young people are achieving take a look through our latest [success stories](#) on our website.

As we move into the second year of the project we are actively recruiting new participants especially females aged 15-18. So if you know of young people who could benefit from the bespoke support our key workers give, please [refer them today!](#)

We hope this latest newsletter gives you a flavour of who we are, the activities we are doing and the inspiring young people we get to work with. If you have a friend or colleague who should receive these emails, please forward this on and ask them to [sign-up to our mailing list.](#)

You can keep across all our latest news by liking our [Facebook](#) Page and following us on [Twitter](#).

#Focus5 Project News



[#Focus5](#) waiting lists have now cleared and we are recruiting new participants. Find out more about the kind of support the project can offer young people and who exactly is eligible, [on our blog post](#).



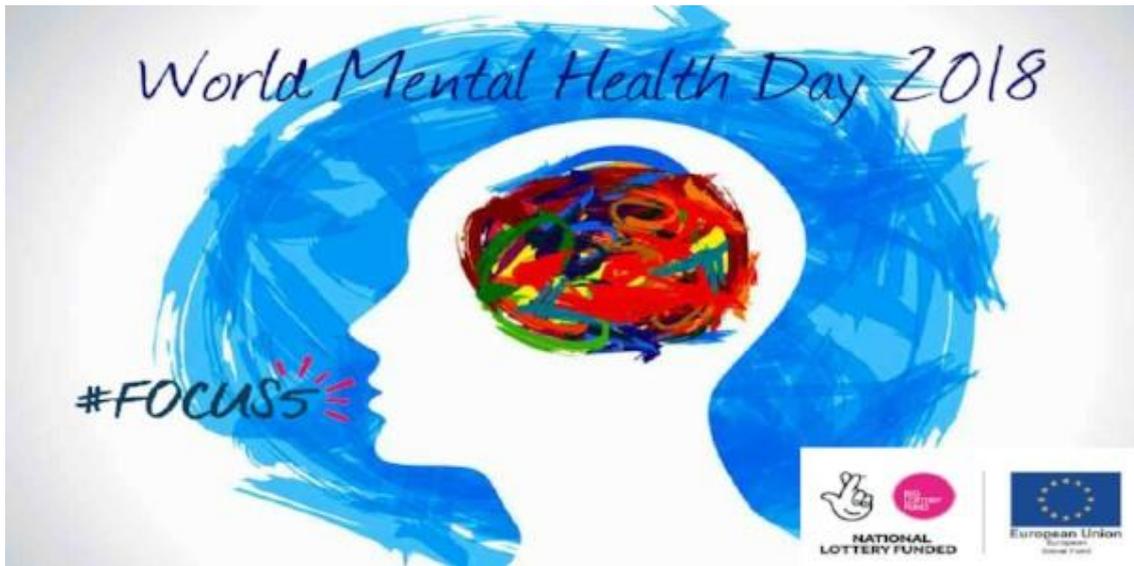
We recently surveyed the young people leaving the [#Focus5](#) project, to find out what they thought of their time with us and we're really pleased with the results!

[Read more on our website.](#)

#Focus5 Cross Cutting Themes



One of the [#Focus5](#) project themes is **sustainability**. [In this blog](#) we explore some ideas of how we can meet the needs of the present without compromising the ability of future generations to meet their own needs.



Another [#Focus5](#) project theme is **Equal Opportunities**. [In this blog](#) we review some statistics about the number of young people struggling with mental health and the effect this has on their ability to succeed in life.



Our final [#Focus5](#) project theme is **Gender Equality**. [In this blog](#) we explore why girls traditionally masks developmental and mental health difficulties and therefore end up accessing appropriate support much later than boys.

#Focus5 Key Worker News



Esther Apsey

[Esther](#) our newest recruit has worked for CSW in the past and has over 15 years of experience under her belt. She's also a trained teacher!



Rhian Hawthorne

[Rhian](#) has worked for CSW previously and holds 10 years experience. She takes a holistic approach to supporting young people's progress.



Grace Boyd

[Grace](#) was one of the first key workers to join #Focus5. We wish her all the very best as she heads off to become a mum for the very first time!

#Focus5 Success Stories



Back into Education with CMT



Exploring Skills and Aspirations



New Job in Construction Industry



Returning to Education in Somerset



[Therapeutic Work Experience](#)



[He Shoots he Scores!](#)

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