

[View this email in your browser](#)

# #FOCUS 5 NEWS

## WINTER 2020



#FOCUS5



Facebook



Twitter



SoundCloud



Email



Referral Form

**Hello <<First Name>>,**

It has been a while since our last news update, and we have plenty to update you with. Top of the list is our project extension. We are delighted with the award of an additional £1.6 million and will invest this money into working with an extra 430 participants; 152 from Somerset, 278 from Devon (including Plymouth and Torbay). This funding will take us through until the end of September 2022, so we can carry on the great work we are doing! 😊

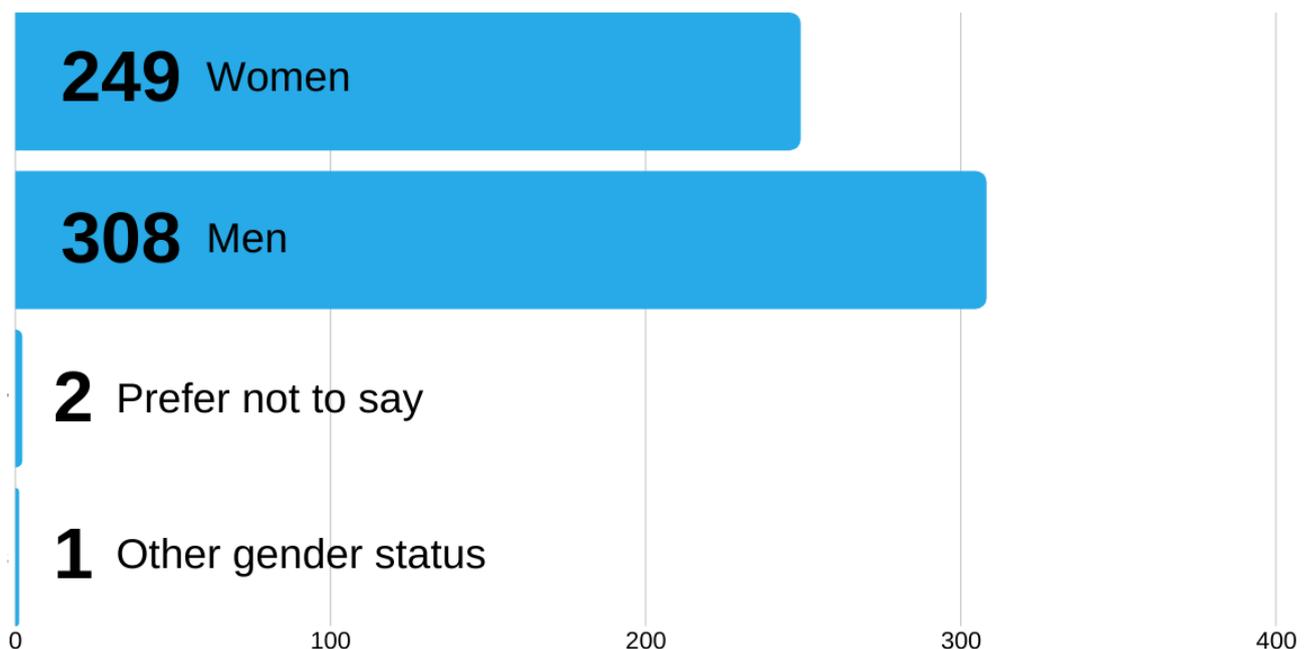
Our gender ratio in Devon is looking balanced but that it is not quite the same picture in Somerset. We have a few challenges in Somerset and are effectively looking for more female participants and young people from the unemployed bracket here.

We are now proud owners of a SoundCloud page! A good number of our young people do some incredible work at Sound Gallery in Exeter and Actiontrack in Taunton, ranging from highly produced songs to voice-over work.

We will be adding more tracks to this page as they become available and you can listen to all of them here - <https://soundcloud.com/focus-comms>

Lastly is a social media plug. You can see the links to our various channels in the bar above. If you haven't done so already, please click on them and follow us. As always, you are welcome to share this email with any of your contacts.

## Stats: Total figures to date



# 232 leavers



**54**

Job Searching



**98**

Into Education  
or training



**80**

Into  
Employment

## Success



### Managing anxiety with Brain in Hand

Click the image to learn how Pippa has used BiH to breakdown and understand her anxiety in specific moments and set her up for adult life.



### Being 17 with complex needs and living in rural England

Click the image to find out more about how a young person from Curry Rival enjoyed success with #Focus5.



### Finding new heights thanks to the Sir Francis Chichester Trust

Click the image to find out more about how one young person took a new challenge and changed their mindset.

# Music from our young people



## Pinball Wizard by Emily

Click the picture to Listen to Emily's beautiful version of Pinball Wizard by The Who. Recorded at our partner organisation Sound Gallery in Exeter.

## Get involved



## The Sir Francis Chichester Trust

There is still time to apply for an Outward Bound Course.

Closing date: 3rd of February

[Click here to find out more.](#)

---

#Focus5 is funded by the European Social Fund and the National Lottery Community Fund.

*Copyright © 2020 Focus5, All rights reserved.*

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

