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Firstly, we want to kick off this newsletter by wishing you and your loved ones well during this testing time. Everyone at #Focus5 hopes that you are all safe and healthy. We also want to spend a moment thinking about those who have been adversely affected by this pandemic, our thoughts are with them as well.

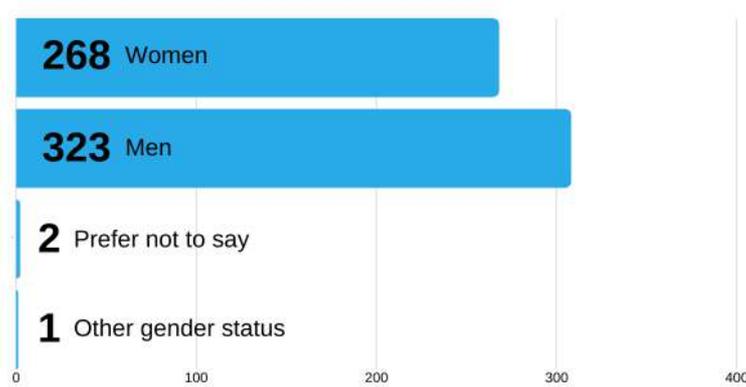
Whilst Covid-19 has turned normal life upside down, we have been impressed and inspired by all the stories of human endeavour and collective spirit. We have seen this resilience in our key workers and participants, who have found new and innovative ways to carry on their great work. The 'new normal' means staying at home and working from home but that doesn't change how tirelessly #Focus5 works to support our young people across the Heart of the South West. We have been linking-up through phone calls, video calls and WhatsApp, with our key workers finding new challenges to set participants. One key worker asked a participant to run an imaginary job interview for a dog sanctuary, a great task to get our young person to think about the recruitment process, you can read more about that [here](#).

There are so many positive things happening at #Focus5 that it is hard to fit it all into a newsletter. Below is just a small sample of the good news we have had so far this year. We hope you enjoy reading it. As always, to keep right up to date with #Focus5 then follow our social media channels.

#Focus5 recently published an official response to Covid-19, which outlines how we are moving forward, you can read that [here](#).

Stats: Total figures to date





253 leavers



57
Job Searching



110
Into Education
or training



86
Into
Employment

Success



Read Dominka's Story

Click the image to learn about Dominka's journey, as told by her key worker Emily.



Emotional Support Thanks to an Equine Centre

Read how we helped one young person get the funding they needed to gain access to an equine centre.

Music from our young people



Listen to Painfully Coasting by Kira

Click the picture to Listen to Painfully Coasting, a song written and produced by former participant Kira, at Actiontrack studio. The song is full of emotion and reflects her experiences - a truly beautiful piece of work.



Ben Samples Being a Voice Over Actor

Not all of our collaborations with recording studios end up resulting in songs. In this story you can find out how Ben got to follow his dream and try out voice over acting at the Sound Gallery in Exeter. Click the image for more.

Helpful Information



Thrive: Mental Health Survival Guide

Click the image to download a printable PDF that has been created by an ex participant and designed to help you if you're struggling.



Information from Ofqual: GCSE, AS & A Level Awarding - Summer 2020

Ofqual have recently released their process for how they will award credentials this summer. [Click here to read more.](#)

Going Green



#Focus5 volunteer with Moor Trees

Click the image to read more about the time we rolled up our sleeves and spent a day working with Moor Trees. A truly worthwhile experience learning all about tree planting and the green impact of Moor Trees.

News From Our Partners



Vulnerable young people helped by music thanks to Action Fund Grant

Click the image and find out how the new grant will help Sound Gallery to provide online sessions during the coronavirus outbreak.

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